



## **PRIVACY POLICY & TEXT MESSAGING TERMS & CONDITIONS**

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### **I. PRIVACY POLICY – KREUZER FAMILY DENTISTRY**

#### **1. Introduction**

This Privacy Policy explains how **Kreuzer Family Dentistry** (“we,” “our,” or “the Practice”) collects, uses, discloses, and protects your personal and health information. We comply with the **Health Insurance Portability and Accountability Act (HIPAA)**, the **Virginia Health Records Privacy statute (Va. Code § 32.1-127.1:03)**, and all other applicable federal and state laws.

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#### **2. Information We Collect**

##### **2.1 Personal Information**

- Name
- Address
- Phone number
- Email
- Date of birth
- Insurance information
- Emergency contacts

##### **2.2 Protected Health Information (PHI)**

- Medical and dental history
- Examination notes, diagnoses, and treatment records
- Dental imaging (X-rays, CBCT, photographs)
- Laboratory results
- Prescription information
- Referral information from other providers

##### **2.3 Financial Information**

- Insurance claim data

- Billing and payment records
- Securely processed payment method details (not stored in full)

## **2.4 Website/Online Information (if applicable)**

- Appointment request forms
  - IP address, device data
  - Cookies and usage analytics
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## **3. How We Use Your Information**

We may use personal and health information for:

- Providing dental care
  - Scheduling and managing appointments
  - Verifying insurance information
  - Processing claims and payments
  - Communicating reminders and instructions
  - Maintaining required medical/dental records
  - Complying with state and federal laws
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## **4. How We Disclose Your Information**

### **4.1 Treatment, Payment, and Operations**

We may disclose information to:

- Dental/medical specialists
- Dental laboratories
- Imaging centers
- Insurance companies
- HIPAA-compliant Business Associates

### **4.2 Legal Requirements**

We may disclose information as required by:

- Virginia Department of Health
- Law enforcement
- Court orders or subpoenas
- Public health and safety authorities

We **never** sell or rent your information.

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## **5. Patient Rights (HIPAA + Virginia Law)**

### **5.1 Right to Access**

Patients may request records. Virginia law requires a response within **30 days**.

### **5.2 Right to Amend**

Patients may request corrections of inaccurate or incomplete information.

### **5.3 Right to Request Restrictions**

We must honor restrictions when you pay **out-of-pocket in full** and request nondisclosure to your insurer.

### **5.4 Confidential Communications**

You may request alternative communication methods (e.g., email).

### **5.5 Accounting of Disclosures**

You may request a list of certain disclosures made by our practice.

### **5.6 Paper Copy**

You may request a printed copy at any time.

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## **6. Data Security**

Kreuzer Family Dentistry uses:

- Encrypted electronic health records
  - Secure physical record storage
  - Staff training on privacy laws
  - Access control and audit logs
  - HIPAA-compliant communication tools
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## **7. Breach Notification**

If PHI is compromised, we follow:

- **HIPAA Breach Notification Rule**
- **Virginia Data Breach Law (Va. Code § 18.2-186.6)**

Notifications will be provided as required.

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## **8. Record Retention**

Per Virginia Board of Dentistry:

- Adult records: **minimum 6 years**
  - Minors: retained until age **18 + 6 years**
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## **9. Website & Online Communication**

Online forms may collect information. Cookies and analytics may be used.  
This policy does **not** apply to external websites.

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## **10. Updates to This Policy**

Revisions may occur to comply with legal requirements. Updated versions will be posted in our office and online (if applicable).

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## **11. Contact Information**

### **Kreuzer Family Dentistry**

300 Browns Hill Ct., Midlothian, VA 23114

Phone: (804) 379-0875

Email: [info@kreuzerdentistry.com](mailto:info@kreuzerdentistry.com)

Complaints may also be filed with:

- U.S. Dept. of Health & Human Services – Office for Civil Rights
- Virginia Board of Dentistry

We do not retaliate against those who file privacy complaints.

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## II. TEXT MESSAGING TERMS & CONDITIONS – KREUZER FAMILY DENTISTRY

### 1. Overview

By providing your mobile phone number, you consent to receive SMS messages from **Kreuzer Family Dentistry**. These include appointment reminders, instructions, billing alerts, follow-up messages, and office notifications.

No mobile opt-in message consent will be shared with third parties or affiliates for marketing purposes.

You may opt out at any time.

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### 2. Types of Messages You May Receive

- Appointment reminders/confirmations
- Scheduling updates
- Pre-appointment instructions
- Post-treatment messages
- Requests to contact the office
- Billing or insurance reminders
- Office closures or urgent updates

We **do not** send promotional or marketing texts without written authorization.

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### 3. Patient Responsibilities

By opting in, you confirm:

- The number belongs to you
  - You will notify us if it changes
  - Carrier performance may affect delivery
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### 4. Message Frequency

Varies depending on your appointment schedule and communication needs.

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## **5. Opt-Out Instructions**

Reply **STOP** at any time to discontinue SMS messages.  
You may still receive phone calls, emails, or mailed communications.

To re-subscribe, contact our office.

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## **6. Costs**

Standard message and data rates may apply.

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## **7. Privacy & HIPAA Compliance**

Although we limit identifiable information in SMS:

- Texts are not guaranteed to be encrypted
  - Messages may be visible to others with access to your device
  - By opting in, you acknowledge these risks
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## **8. Security Limitations of Text Messaging**

SMS is convenient but not fully secure. Risks include:

- Unauthorized access
- Interception
- Viewing by others with device access

Patients who prefer not to accept these risks may opt out.

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## **9. Supported Carriers**

Compatible with major U.S. carriers including AT&T, Verizon, T-Mobile, U.S. Cellular, and others.

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## **10. Patient Consent**

By opting in, you acknowledge:

- Understanding the risks
  - Message frequency varies
  - You may opt out any time
  - Consent applies only to the number provided
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## **11. Contact Information**

For questions or assistance:

**Kreuzer Family Dentistry**

300 Browns Hill Ct.

Midlothian, VA 23114

Phone: (804) 379-0875

Email: [info@kreuzerdentistry.com](mailto:info@kreuzerdentistry.com)

Reply **HELP** to any message for assistance.